October 2022
Volume 32 - No.10

The Scoop

The Monthly Newsletter of the Ukiah Senior Center
When you've got *The Scoop*, you're in the loop!

UKIAH SENIOR CENTER

THRIFT STORE PARKING LOT SALE

497 Leslie Street
Saturday - October 1, 2022
9:00 a.m. - 3:00 p.m.

Indoor Bartlett Hall Boutique
Featuring "high-end" items for sale.

Kids Entertainment
Games, Reading Hour,
Coloring and Hoola-Hoop Contests!
Costumes Welcome!

Hot Dogs, Chili, Chips and Beverages
available for purchase.
Homemade Jams and Baked Goods!

ALL PROCEEDS TO REPAIR AND REMODEL
Ukiah Senior Center's Thrift Store.
(707) 467-0110

Ukiah Senior Center, Inc. is a 501 (C) 3 Non-Profit Organization

Our Mission

THE MISSION OF THE UKIAH SENIOR CENTER is to enhance and improve the quality of life for all Ukiah seniors, their families and caregivers, and to enable seniors to remain as independent as possible for as long as possible.

Contact Us

ADMINISTRATION
(707) 462-4343
BARTLETT HALL
(707) 468-9256
THRIFT STORE
(707) 467-0110

Board of Directors

Sharon Marshall, President
Vicki Bitonti-Brown, VP
Kristin Kelly, Treasurer
Dale Greenlee, Secretary
John McCowen
Clara Lehman

Admin Staff

Kristin Kelly / Interim ED
USC Board Treasurer
Lisa Silva
Accounting / Kitchen Manager
Debbie Zimmerer
Operations Manager

Administrative Assistant

Lunch Bunch

Mary Ann Anderson
Lunch Bunch Manager

Anna Phillips
Assistant Coordinator

Outreach

Heather Haydon
Manager

Anna Phillips
Outreach Support

Transportation

Terry Wilson
Trans. / Dispatch Manager

Vicki Blackburn, Support
Valerie Parker, Support
Sheryl Mitcham, Support
Mike Navarro, Driver
Bruce Jones, Driver
Miles Hayes, Driver
Debbie Mothershed, Driver
Jules Gregory, Driver

Thrift

Mary Glanders
Manager

Jessica Tominia
Assistant Manager

Dining Room

Kathy Sheehy
Meal Program Assistant

Facilities

Josefina Aguilar de Soriano
Custodian
Kevin Kelley
Maintenance / Grounds

Ukiah Senior Center Celebrates a 50-Year Milestone

Last month we started to tell the story of the Center's beginnings from the interviews and documentation of Annette Parks. We'll name only the key people in her summaries. Now we continue with her writings...

The newly elected Board of Directors volunteered to serve the Center during the early seventies, and the very first Center was located at 601 North State Street. The Center was run by volunteers, (except for the cook), who did everything from mopping floors, serving food, washing desks and running the recreational programs. There were 57 volunteers who recorded 922 hours of time and many hours went unrecorded. Betty Cooper was appointed to be in charge of the Center.

From June 1973 through July 1974 was a period of rapid growth. The fund raising efforts began to bear fruit. We received $2,400 from United Way; $3,000 from the City of Ukiah; $1,800 from the League of Women Voters; $15,000 from the Department of Aging; $50,000 from the County of Mendocino in Revenue Sharing Funds and $30,000 of AoA funds through NCO for our meal program. This money enabled us to do many things...increase our meal program to five days a week, start a home-delivered meal program, start an I&R and Outreach Program and purchase a 15 passenger mini bus for a Transportation Program.

The funds also allowed us to purchase the Junior Achievement building at 319 East Perkins Street, remodel it and add a 1,600 square foot addition to it.

This became our real Senior Center and we moved from 601 North State Street.

In March of 1974 the first paid staff was hired... a Managing Director (Clarence White), a secretary and two Outreach workers. A cook and a bus driver were also hired. Mr. White served as Director until September of 1975 when he resigned because of ill health.

George Bartlett, who was serving as Treasurer for the Center, was elected by the

Board of Directors to replace Mr. White. This was also a period of rapid growth. Many seniors became members of the Center. Some new programs were started by Mr. White, such as the Health Program under the direction of Betty Fitzgerald, a CETA worker who later became an employee of the Center. From July 1977 through June 1978, a program called Community Aides and funded by CETA was organized by Betty. The purpose was to go from door to door to ascertain if a senior lived there. Our aim was to contact all elderly persons and inform them about the Senior Center. This would also give us an idea as to the numbers of seniors in the community. Eight people were hired through CETA to do this work. Only about 60 percent of the area was covered during the time frame of the program. These workers became Outreach Workers and provided a service along with acquiring numbers of seniors in the community.

Our story will continue next month....

Volunteers needed!

MEAL DELIVERY VOLUNTEERS: Help us meet seniors where they live to ensure they have food security through our Dining Room program. Senior meals are being delivered through the Ukiah area, including Redwood Valley. Trips can last up to 1.5 hours Monday through Friday. Choose your day to help a senior enjoy a nutritious meal.

KITCHEN VOLUNTEER OPPORTUNITY: Help is needed on Monday, Tuesday and Thursday from 7 a.m. to 12 p.m. Kitchen helpers are also needed on Wednesday and Friday from 10 a.m. to 12 p.m. Training will be provided for this rewarding volunteer experience.

THRIFT STORE: Helpers are needed with sorting, pricing and displaying donated items. Cash register training available. Open shifts are available Monday through Saturday from 10 a.m. to 3 p.m.

BOARD MEMBERS: This is an exciting time to become a Ukiah Senior Center board member. With our vision for the future capital project, you can become involved and help make this future vision come to life.

ADMINISTRATIVE SUPPORT: Support our staff to accomplish essential office tasks behind the scenes. Shifts are available Monday through Friday from 10 a.m. to 4 p.m.

To see how *YOU* can make a difference in someone's life. Sign up to volunteer! For more information, call Debbie at (707)-462-4343 Ext. 107

Board Meeting

WEDNESDAY- October 19, 2022

499 Leslie Street

Administration Office
Lunch Bunch Room 2:30 p.m.

Open to the public

Masks are optional. Remote attendance available by Zoom online.

We would like to express our sincere gratitude to Board Member *Kristin Kelly* for helping to

Special Announcement

The USC is assisting the City by operating as a polling center during the election on November 8. Seniors will be able to vote at Bartlett Hall on 11-8-2022.

Now Hiring

Executive Director, Accounting Manager and Administrative Assistant.

See full job descriptions at:

www.ukiahseniorcenter.org/about us

Donations made In Memory of...

Dan McInture from Dabney & Charlie Hurd

Thank You Sustaining Donors

Community Foundation of Mendocino County

Eva Dunnebeck Estate Fund

Beverly Morby Estate Fund

George and Ruth Bradford Foundation

Mabel Albertson Fund

T.R. Erikson Foundation

Ukiah Senior Center Endowment Fund

William H. Carter Trust

Welcome New Members

Esther Baker

Steve Roy

Marily Drew

Lynn Burns

Alice Oakley

Michael Melvin

Shirley Jensen

Paul Bickerton

Brenda Bouillerce

Shari Crew

Thank You Angel Donors

Donald and Dolores Richardson

El Azteca Restaurant

Ronald Chew Wong

Rain Forest Fantasy

Ken Fowler Motors, Inc.

Paul Shimmin

Brenda Bouillerce

Harry and Evelyn Vance

Irene McFarland

Pauline Hurme

Charles Dabney Hurd

Steven Johnson

Dragon's Lair

James Busch

Inez Cake

Thank You Cornhole Donors

Mark Davis Insurance

Triple "S" Camera

Dennis Brodigan-Garcia

Tammy Mathews-DJ

Jan Hoyman Studios

Mendocino Book Company

Mendocino Bounty

Shag Salon

The Nook

Accent Tattoo

Labels Recycled Fashion

Craftsman Estate Jewelers

Eddie's Cocina Mexican Restaurant

The Bottle Shop

Shine Boutique

Scissorhands

Club Calpella

D. William Jewelry

The Lehmans

Coffee Critic

Black Oak

October Lunch Menu

All meals are prepared "take out" style with limited indoor seating available.
To reserve a meal, call (707) 468-9256.

- MEAL RESERVATIONS GUARANTEED IF MADE BY 3 P.M. THE PRIOR BUSINESS DAY
- ALL MEALS WILL BE READY FOR PICKUP AT 11:30 A.M.

Meals are $7 each for USC Members or purchase a 5-meal lunch card for $35.
Non-member meal cost is $8 each Monday through Friday meals are prepared by Ukiah Senior Center Chef Lisa and Staff.

All meals include seasonal fruit or dessert and are subject to change based on availability.
Gluten-Free meals are marked GF or GF option by request. Daily vegetarian option also available.

Monday	Tuesday	Wednesday	Thursday	Friday
3 Chicken Enchiladas Rice Chili Relleno Casserole GF	**4** Lasagna Veggies Salad Garlic	**5** Meat Loaf Roasted Potatoes Veggie Broccoli Salad	**6** Liver and Onions OR Chef Salad GF	**7** Fish and Chips Clam Chowder Cole Slaw GF
10 Roast Pork Loin With Gravey Apple Cranberry Stuffing Green Beans	**11** Fish Soft Taco Rice and Beans GFO	**12** French Dip Veggie Soup Macaroni Salad	**13** BBQ Chicken Thigh Corn Chili Beans GFO	**14** Chicken Rice Casserole Veggie Stir Fry Egg Rolls
17 Beef Stew With Biscuits Green Salad GF	**18** Turkey Club Sandwich Potato Salad Fresh Fruit	**19** Bratwurst Veggies Sour Kraut GF	*Birthday Lunch* **20** Grilled Tri Tip Party Baked Potatoes Broccoli Stir-fry Pumpkin Cheesecake Squares GF	**21** Chicken Fried Steak With Sausage Gravy Mashed Potatoes Veggies
24 Hamburger Steak With Onion Gravy Herb Mashed Potatoes Veggies GF	**25** Chicken Piccata Risotto Veggies GF	**26** Tuna Noodle Casserole Roll with Butter Pea Salad	**27** Chicken Pesto Pizza Garden Salad Ranch Dressing	**28** Veggie Burger Potato Soup Fruit
31 Spaghetti with Meat Sauce Garlic Bread Salad with Italian Dressing			*Thank You for supporting our Dining Room!* SAFEWAY	

October 2022 Activities

ACTIVITIES INFORMATION LINE
707-462-4343 X107

Monday	Tuesday	Wednesday	Thursday	Friday
3 9:30-10:30 Card Games 9:30-12:00 Beading Class 10:00-12:00 Quilters Group 12:30-4:30 Duplicate Bridge	**4** 9:00-11:00 Computer 11:30-1:45 Singing 2:00-3:00 Senior Aerobics 6:00-9:00 Bingo	**5** 9:00-11:00 Computer Lab 9:00 Walking Group at Todd Grove Park 1:30-2:30 Line Dancing Beginners@1:30 3:15-4:30 Block of Writers	**6** 9:00-10:00 Retro Chic Dance 1:30-3:30 Card Table Bingo 7:00-9:00 Square Dancing	**7** 1:00 - 2:00 CalFresh Q&A 2:00 Movie Matinee *Breaking News in Yuba County* 4:30-5:30 Loteria
10 9:30-10:30 Card Games 9:30-12:00 Beading Class 10:00-12:00 Quilters Group 12:30-4:30 Duplicate Bridge 5:30-8:30 Bunko ★	**11** 9:00-11:00 Computer 11:30-1:45 Singing 2:00-3:00 Senior Aerobics 6:00-9:00 Bingo	**12** 9:00-11:00 Computer Lab 9:00 Walking Group at Todd Grove Park 1:30-2:30 Line Dancing Beginners@1:30 3:15-4:30 Block of Writers	**13** 9:00-10:00 Retro Chic Dance 1:30-3:30 Card Table Bingo 7:00-9:00 Square Dancing	**14** 1:00 - 2:00 CalFresh Q&A 2:00 Movie Matinee *Where the Crawdads Sing* 4:30-5:30 Loteria
17 9:30-10:30 Card Games 9:30-12:00 Beading Class 10:00-12:00 Quilters Group 12:30-4:30 Duplicate Bridge	**18** 9:00-11:00 Computer 11:30-1:45 Singing 2:00-3:00 Senior Aerobics 6:00-9:00 Bingo	**19** 9:00-11:00 Computer Lab 9:00 Walking Group at Todd Grove Park 1:30-2:30 Line Dancing Beginners@1:30 3:15-4:30 Block of Writers	**20** 9:00-10:00 Retro Chic Dance 1:30-3:30 Card Table Bingo 7:00-9:00 Square Dancing	**21** 1:00 - 2:00 CalFresh Q&A 2:00 Movie Matinee *Minions The Rise of Gru* 4:30-5:30 Loteria
24 9:30-10:30 Card Games 9:30-12:00 Beading Class 10:00-12:00 Quilters Group 2:00-3:00 Ice Cream Social ★	**25** 9:00-11:00 Computer 11:30-1:45 Singing 2:00-3:00 Senior Aerobics 6:00-9:00 Bingo	**26** 9:00-11:00 Computer Lab 9:00 Walking Group at Todd Grove Park 1:30-2:30 Line Dancing Beginners@1:30 3:15-4:30 Block of Writers	**27** 9:00-10:00 Retro Chic Dance 1:30-3:30 Card Table Bingo 7:00-9:00 Square Dancing	**28** 1:00 - 2:00 CalFresh Q&A 2:00 Movie Matinee *Mack & Rita* 4:30-5:30 Loteria
31 9:30-10:30 Card Games 9:30-12:00 Beading Class 10:00-12:00 Quilters Group 12:30-4:30 Duplicate Bridge			**Heather Haydon** **Outreach Manager** **(707) 462-4343 x102** **outreach@ukiahseniorcenter.org** **Information representative**	

SUNDAY BASH!

October 9

495 Leslie Street

Ticket sales 10:30 a.m. - 1:00 p.m.

Games Begin 1:00

Minimum buy-in $15, includes every game

Payout depends on attendance

Minimum payout $35 every game

A chance at 3 - $250 BLACKOUTS

$5.00 Lunch Served 11:00 a.m. to 12:30 p.m.

Spaghetti w/Meat Sauce, Garlic Bread, Green Beans, Pumpkin Cheesecake

Snack Bar with Hot Dogs and Chili Beans, Chips, Soda open all day! Non-smoking. Any adult 18 years and older.

MONDAY, October 10

Held at Bartlett Hall - 495 Leslie St.

5:30 - 8:30

Raffle-Prizes

$12 per person includes: door prizes, Beverages and Buffet Bar!

Bunko Game and Bunko prize

RSVP with Jan Tipton (707) 462-0004

Open to the Community. Any adult 18 years and older. Proceeds to Benefit Ukiah Senior Center.

October Movie Matinee!

MPLC Motion Picture Licensing Corporation Lic. 503995364

Fridays, 2:00 P.M.

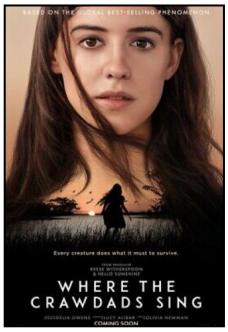
Bartlett Hall

Donations Appreciated!

October 7 - Breaking News in Yuba County

(2021) R 1 hr. 36 min.

When an overlooked pencil-pusher catches her husband in bed with another woman, he dies of a heart attack; so, she buries his body and takes advantage of the growing celebrity status that comes from having a missing husband.



October 14 – Where the Crawdads Sing

(2022) PG-13 2hrs. 5 min.

Kya is an abandoned girl who raised herself to adulthood in the dangerous marshlands of North Carolina. For years, rumors of the "Marsh Girl" haunted Barkley Cove, isolating the sharp and resilient Kya from her community. Drawn to two young men from town, Kya opens herself to a new and startling world; but when one of them is found dead, she is immediately cast by the community as the main suspect. As the case unfolds, the verdict as to what actually happened becomes increasingly unclear, threatening to reveal the many secrets that lay within the marsh.

October 21 - Minions The Rise of Gru

(2022) PG 1 hr. 27 min.

Long before he becomes the master of evil, Gru is just a 12-year-old boy in 1970s suburbia, plotting to take over the world from his basement. When the infamous supervillain group, the Vicious 6, ousts their leader, Gru attempts to join their ranks but soon finds himself the mortal enemy of the apex of evil. With Gru on the run, the Minions attempt to learn martial arts to help save him, and Gru discovers that even bad guys need a little help from their friends.

October 28 – Mack & Rita

(2022) PG-13 1 hr. 34 min.

When 30-year-old self-proclaimed homebody Mack Martin reluctantly joins a Palm Springs bachelorette trip for her best friend Carla, her inner 70-year-old is released — literally. The frustrated writer and influencer magically transforms into her future self: "Aunt Rita", becoming an unlikely social media sensation.

Local Discounts and Resources

Happy October Birthday to You!

Francine Benassini
Bill Bray
Gayleen Desroches
Denise Ellis
Felicia Eriksen
Carol Ferguson
Jack Fimple
Michaela Gorman-Zotter
Lois Gray
Carole Hester
Ted Hester
Linda Hicks
Bell Hicks
John Houston
Carol Ann Hulsmann
Roberta King
Claryssa Koehn
Oni La Gioia
Charlene Light
Chari McCleary
Patrick Nagel
Corinne Olson
Sallie Palmer
Leslie Sacchi
Frederick Sass
Joseph Scarfo
Janet Schwank
Marjoirie Thatcher
Norm Williamson

The Center would like to thank the ***Windmills Café***. They have been donating prizes to the Center's Ice Cream Social since 2002! They are located at 749 South State Street. 707-462-4667

https://windmillscafe.weebly.com/

Ice Cream Social

The Ice Cream Social will be held on Monday, October 24, from 2:00-3:00 p.m. Entertainment will be provided by Les Boek.

The Ice Cream Social is a community event and all are welcome to come and enjoy a dish of ice cream with toppings and pie or cake for $3.00. Members over 90 years old or those coming to the Social in their birthday month will enjoy free admission. This event has a $50 raffle grand prize, donated by this month's featured Selzer Realtor, Fran Pena. Door prizes include a breakfast for two at Windmills Café! Thanks to the donors and helpers for the Ice Cream Social held in Bartlett Hall, (707) 468-9256.

The Lunch Bunch

is a care and activity program that provides respite for caregivers and family members in the care of their loved ones. We are welcoming back and accepting new clients to the program. **New** participants are welcome **with 24-hour notice**. Participants will enjoy music, crafts, lunch, games, gentle movement and fun socialization. Need more information? Just give us a call to join the program. Drop-ins are welcome with 24-hr notice.

Mary Ann Anderson
Coordinator

Anna Phillips
Assistant

707-462-4343 ext.121

lunchbunch@ukiahseniorcenter.org

Vision for the Future

We're almost there! Amount needed to reach the goal!

$24,127

Total of ALL funds in Match Challenge! $125,873

Our vision for the future Adult Community Center needs $75,000 in matching funds from Capital Campaign donors.

Please send your donation to:
Ukiah Senior Center, 499 Leslie Street,
Ukiah CA 95482
Attention: Capital Project

Or visit...ukiahseniorcenter.org and DONATE NOW.

Thank you for your continued support of the Center's future!

Thank you Capital Campaign Donors

Donald and Dolores Richardson

Sponsor a Senior Meal or Ride

Meal cards and Bus passes are also available to purchase for a senior.

☐ # Meals X $8.00 = _____

☐ # Rides X $6.00 = _____

Mail your donation with this coupon to:
Ukiah Senior Center
499 Leslie Street
Ukiah, CA 95482
or...
Bring to the office Monday - Friday
8:00 a.m. - 4:00 p.m.

Sponsor a Senior Health Ride

Help a senior with transportation to medical appointments, locally or out of town.

☐	Ukiah	$6.00
☐	Willits	$30.00
☐	Santa Rosa	$70.00
☐	Other	_____

Donations can also be made online at:

www.ukiahseniorcenter.org

Cornhole Event Success

The Center held its first Cornhole Fundraiser in August. Thanks to the combined efforts of Mendocino County Cornhole professional Dennis Brodigan-Garcia, donors, volunteers and USC staff.

Not only was the event successful but it was so much fun! What a great time everyone had! It looks like this event may become a yearly tradition for the Center.

Ukiah Senior Center
499 Leslie Street
Ukiah, CA 95482-5506

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Permit No 203

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