

April Lunch Menu

To reserve a meal, call (707) 462-4343 ext. 7009. Indoor seating now available.


- MEAL RESERVATIONS ARE GUARANTEED IF MADE BY 3 p.m. THE PRIOR BUSINESS DAY
- To go meals available for pickup at 11:30 a.m. Additional \$1.00 charge for containers.
- To go meals for our Center members are \$8. Meal cards can be purchased for \$40.

Sit-down meals are \$7 each for USC Members or purchase a 5 meal lunch card for \$35.

Non-member meal cost is \$8 each Dine in Monday through Friday. To go for non-members, \$9 each. Meals are prepared by Ukiah Senior Center Chef Lisa and Staff.

All meals include seasonal fruit or dessert and are subject to change based on availability.

Gluten Free meals marked GF or GF option are by request. Vegetarian by request option available.

Monday	Tuesday	Wednesday	Thursday	Friday
1 Spaghetti with Meat Sauce Veggie Garlic Bread	2 Egg Salad Sandwich Chicken Veggie Soup	3 Chicken Piccata With Lemon Caper Sauce Linguine Garden Salad	4 Liver and Onions OR Shrimp Louie Salad GF	5 Club Sandwich Split Pea Soup
8 Baked BBQ Chicken Homemade Potato Salad Sautéed Garlic Spinach GF	9 Chicken Enchiladas With all the Fixings GF	10 BBQ Pulled Pork Sandwich Corn Salad Baked Stuffed Potato	11 Rueben Sandwich Potato Salad Fruit	12 Salisbury Steak Mashed Potatoes Veggie GF
15 Italian Pot Roast Smashed Potatoes Braised Brussel Sprouts GF	16 Beef Teriyaki Steamed Rice Broccoli with Red Pepper GF	17 Curried Turkey with Yams Mixed Grain Ginger Mango Slaw GF	<i>Birthday Lunch</i> 18 Chili Verde Chili Relleno Casserole Beans and Rice GF 	19 Chicken Pesto Pizza Green Salad With Ranch Dressing
22 BBQ Tri Tip Party Potatoes Salad GF	23 Moroccan Fruited Chicken Coconut Lime Rice Steamed Carrots GF	24 Thai Chicken Wings Rice Zucchini GF	25 Pork Chops Baked Beans Veggie Apple Crisp	26 Chicken Salad Sandwich On Cranberry Walnut Bread Fruit Salad
29 Cheese Burger with Fixings Potato Salad Fruit GFO	30 BBQ Ribs Mac Salad Veggie GFO			