



THE SCOOP

February 2012

UPCOMING COMMUNITY EVENTS

Tax Assistance

Beginning February 1
Wednesdays and Fridays
9:00 - 11:30 a.m.
Bartlett Hall

Community Breakfast
February 4
8:30 - 10:30 a.m.
Bartlett Hall

Saturday Night Dance
February 4
7:00 - 10:00 p.m.
Bartlett Hall

Special Olympics Benefit
February 12
2:00 p.m. - 5:00 p.m.
Bartlett Hall

Board Meeting
February 23
3:30 - 4:30 p.m.
Room D
(Lunch Bunch Room
Back building)

Ice Cream Social
February 27
2:00 - 3:00 p.m.
Bartlett Hall



Community Breakfast
Saturday, February 4

Saturday Night Dance
Saturday, February 4

Special Olympics Benefit
Sunday, February 12

Ice Cream Social
Monday, February 27

*The Mission of
The Ukiah Senior Center
is to enhance and
improve the quality of life for
all Greater Ukiah seniors,
their families and caregivers,
and to enable seniors to
remain as independent as
possible for as long
as possible.*



Ukiah Senior Center

499 Leslie Street, Ukiah CA 95482

707-462-4343

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John McCowen, Vice President

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Have a story about how our Center has changed your life? To submit articles or advertising for *The Scoop* contact the Editor, Marilyn DeFrange at 462-4343 ext. 115 or send an e-mail to uscmarilyn@gmail.com

2.

Delbert Eugene (“Gene”) Facklam was born in Illinois on December 18, 1920. He had a very modest upbringing and spoke fondly of the simple times of his childhood. His memories of the farm and spending time with his mother and father were frequently on his mind. He was a proud man and took it as his duty to enlist in the service to protect our country. He served in the Navy doing battle in WWII, and was mainly stationed in Japan. While in the service, he married his sweetheart Maradyll, (“Mary”) Facklam. He retired from the military with a high ranking after 20 years of service. He and his wife formed a new life in the Ukiah area. Gene was the head postmaster of the Redwood Valley Post Office for over 20 years. Mary and Gene liked to spend their time volunteering in the community. In the 1980s, the couple would frequent the Ukiah Senior Center and would help in ways that suited their individual preferences. Gene liked to cook the Saturday breakfast and Mary liked to sew and do crafts. She actually started the “Crafty Ladies” group which to this day still holds the annual Christmas Bazaar as a fundraiser for the Center.

Mary passed away in 2006 and \$20,000 was donated in her name to the Community Foundation of Mendocino County with the proceeds to benefit the Center. After Mary’s passing, Gene’s health began to slowly decline. With his love of antiques and collectibles and the need to socialize, he would spend time at the Ukiah Senior Center Thrift Store. In 2008, the Outreach staff at the Center started spending time watching after Gene. We escorted him to doctors’ appointments, grocery shopping, and helped him with his paperwork. After a couple of falls in his home, it was apparent that he was no longer able to live alone and take care of his home in Redwood Valley. Gene had developed a friendship with Floyd Knox and Ava Davis, both of whom are very dedicated volunteers at the Center. Gene asked Floyd and Ava to help him preserve his collectibles by inventorying and boxing up each item to put into storage. He had a rare collection of furniture and antiques from his worldly travels.

A year after putting everything into storage, Gene decided to have an Antique Barn built at the Center in which to sell his furnishings with the proceeds to benefit the Center. His one condition was that Ava would be in charge of running the Barn. He trusted her knowledge of antiques and her work ethic. Every Wednesday, Ava would bring Gene from his assisted living unit to the barn where he could reminisce about his different collectibles that were for sale. In the last year and a half the Antique Barn has raised over \$22,000. What a wonderful collaboration between the efforts of Floyd and Ava and the generosity of Gene Facklam!



Gene Facklam and Ava Davis

Gene passed away on June 20, 2011. In his estate, he listed the Ukiah Senior Center as a major beneficiary. He had hinted over the years that he was going to “leave us a little something” and how he wanted the Center to be able to thrive by being self-sufficient. In his bequest the Center was awarded over \$600,000. Upon learning of this remarkable gift, the Board of Directors formed a Finance Committee comprised of Board members to invest the funds. They have developed a spending policy that supports current operations, but leaves the majority of the donation intact for investing in the future.

We cannot express our gratitude enough to Mr. & Mrs. Facklam, both of whom had been wonderful volunteers and supporters of the Center. Their legacy will live on. . . .

Thank You Angel Donors!

James Busch
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 (*Donors continued page 9*)

Thank you Lunch Bunch Pledge Supporters!

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 Rachel Nichols
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 Emma Moore
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 Pam Rones

Would you like to become a Lunch Bunch Sponsor? Call us at 462-4343 and ask for Donna Ford, extension 121 or Lavonna Silveria, extension 106.

Lunch Bunch wish List



February is already upon us. A big thank-you to all for the past donations. Below are our needs for this month:

- Coffee (decaf), creamer, regular sugar, napkins, paper towels, Juices; tomato, cranberry and apple.

If anyone would like to volunteer or has a special talent or activity to share with us, please give a call and let me know at 462-4343 extension 127. Thanks again for your continuing support! Stop by and say "hi!"

Mary Ann Anderson, Lunch Bunch Coordinator

Special Olympic Benefit

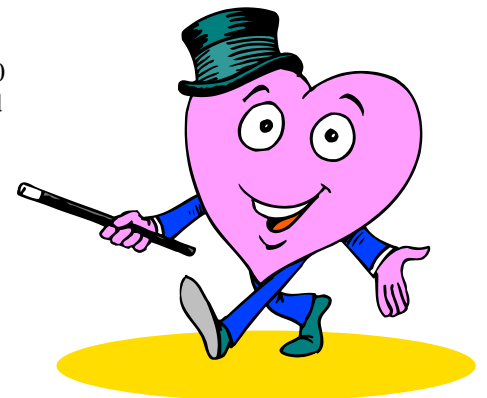
On Sunday, February 12, 2012, the Ukiah Senior Center will host the 8th annual benefit for the **Special Olympic Organization of Mendocino County**. It will be held in Bartlett Hall from 2:00 to 5:00 p.m. Admission is \$5.00 at the door with Special Athletes and children under 12 admitted for free.

This year's theme is a Hi-Ho-Hi-Ho Valentine Dance party. Live music will be provided by the local and popular band, *The Felt-Tips*. Included in the festivities will be door prizes and a wonderful buffet.

It is people like *you* who come to attend and support this event year after year that keep this organization thriving in our community. If you would like to see what fun this special event has to offer, come and see for yourself on Sunday, February 12, 2012. You will not be disappointed!

You can also support this event by sending a check donation to:

Special Olympics of Mendocino County
 c/o Ukiah Senior Center
 499 Leslie Street, Ukiah, CA 95482



Thank You Ukiah Valley Medical Center!

It seems that Ukiah Valley Medical Center has permanently adopted the Lunch Bunch, and we are certainly glad to have them. Not only have they come forward as sponsors to give some seniors a place in *The Lunch Bunch*, but also came to us wearing *Santa Hats* during last Christmas season. The giving of gifts is something UVMC has done for many years for *The Adult Day Health Program* and the center's *Outreach Program*. And still, this very gracious and generous tradition lives on. Take a look to the right of this article at the many names of these generous angels who reached into their pockets this year and took the time to bring cheer and gifts to us. Some Christmas givers gave three and four gifts to make sure everyone got a prize.



Dana Saxton (left above) helps Betty Walker with her gift as others look on.

Sharon Beck opens one of her gifts, of a beautiful scarf. (below)



This cowpoke, Jack Morris, is all smiles after opening his gift.



Pictured above is Donna Ford, R.N., Lunch Bunch Director (left) and Mary Ann Anderson, Lunch Bunch Coordinator.

Everyone received just what they needed or wanted from the UVMC Santas. Gift cards from Walmart, Foodmaxx, Marinos, Kohls and Starbucks were passed out as well as sweaters, scarves, throws, robes, hats, books, socks candy, baby doll's, bath soap, bracelets, flashlights, wrist watches, wallets, and numerous other clothing gifts were well received with smiling faces and big eyes.

We are so very lucky to have Lynn Chevalier as our advocate for the seniors here at the Center and all the other generous angels from Ukiah Valley Medical Center. Thank you for bringing cheer to us during the holidays.

Lunch Bunch Sponsors

Allyne Brown
 Lynn Chevalier
 Kellie Denton
 Brenda Hoek
 T. J. Kaspar
 Diana Lane
 Sandy O'Farrell
 Kitty [Sanders] Sandelin
 Nakeba Trammel

Christmas Wish List Sponsors

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 Dominique Chevalier
 Donna Bauer
 Paula Radell
 Sue Mason
 Mike Falge
 Vanessa Andregg
 Linda White
 Dave Durfee
 Nancy Beuchenstein
 Gwen Matthews

BARTLETT HALL ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 9:00-11:30 Taxes 12:00-3:30 Bridge 1:00-2:15 Senior Forum 1:00-3:00 Knit & Crochet	2 1:01-3:00 Bingo 4:00-5:00 Senior Aerobics 5:00-6:00 Line Dance Advanced 7:00-9:00 Square Dance	3 9:00-11:30 Taxes 9:30-10:30 Tai Chi 1:30-2:30 Line Dance Advanced 2:30-3:30 Beginners 5:30-6:30 Zumba	4 Community Breakfast 8:30-10:30 a.m. 7-10:00 p.m. Dance Country Boys
6 1:00-4:30 Duplicate Bridge 5:00-6:00 Line Dance Advanced 6:00-7:00 Beginners	7 8:00-11:30 Pinochle Games 12:00-2:00 Singing Group 2:00-3:30 Block of Writers 4:00-5:00 Senior Aerobics 6:01-9:30 Bingo	8 9:00-11:30 Taxes 12:00-3:30 Bridge 1:00-2:15 Senior Forum 1:00-3:00 Knit & Crochet	9 1:01-3:00 Bingo 4:00-5:00 Senior Aerobics 5:00-6:00 Line Dance Advanced 7:00-9:00 Square Dance	10 9:00-11:30 Taxes 9:30-10:30 Tai Chi 1:30-2:30 Line Dance Advanced 2:30-3:30 Beginners 5:30-6:30 Zumba	Sunday, Feb. 12 Special Olympics Benefit 2:00-5:00 p.m.
13 1:00-4:30 Duplicate Bridge 5:00-6:00 Line Dance Advanced 6:00-7:00 Beginners	14 8:00-11:30 Pinochle Games 12:00-2:00 Singing Group 2:00-3:30 Block of Writers 4:00-5:00 Senior Aerobics 6:01-9:30 Bingo	15 9:00-11:30 Taxes 12:00-3:30 Bridge 1:00-2:15 Senior Forum 1:00-3:00 Knit & Crochet 6:00-9:00 Pinochle	16 9:00-11:00 Blood Pressure 1:01-3:00 Bingo 4:00-5:00 Senior Aerobics 5:00-6:00 Line Dance Advanced 7:00-9:00 Square Dance	17 9:00-11:30 Taxes 9:30-10:30 Tai Chi 1:30-2:30 Line Dance Advanced 2:30-3:30 Beginners 5:30-6:30 Zumba 6:30-9:30 Pinochle	18
20 1:00-4:30 Duplicate Bridge 5:00-6:00 Line Dance Advanced 6:00-7:00 Beginners	21 8:00-11:30 Pinochle Games 12:00-2:00 Singing Group 2:00-3:30 Block of Writers 4:00-5:00 Senior Aerobics 6:01-9:30 Bingo	22 9:00-11:30 Taxes 12:00-3:30 Bridge 1:00-2:15 Senior Forum 1:00-3:00 Knit & Crochet 6:00-9:00 Pinochle	23 1:01-3:00 Bingo 4:00-5:00 Senior Aerobics 5:00-6:00 Line Dance Advanced 7:00-9:00 Square Dance	24 9:00-11:30 Taxes 9:30-10:30 Tai Chi 1:30-2:30 Line Dance Advanced 2:30-3:30 Beginners 5:30-6:30 Zumba 6:30-9:30 Pinochle	25
27 2:00-3:00 Ice Cream Social 5:00-6:00 Line Dance Advanced 6:00-7:00 Beginners	28 8:00-11:30 Pinochle Games 12:00-2:00 Singing Group 2:00-3:30 Block of Writers 4:00-5:00 Senior Aerobics 6:01-9:30 Bingo	29 9:00-11:30 Taxes 12:00-3:30 Bridge 1:00-2:15 Senior Forum 1:00-3:00 Knit & Crochet 6:00-9:00 Pinochle			

ROOM C ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2 9:00-4:00 Original Quilters	3	4
6 8:30-11:30 Piano Class	7 10:00 - 12:30 Computer Lab 2:30-3:30 Bible Study	8 1:00-3:30 Senior Peer Counseling	9 9:00-4:00 Original Quilters	10	11
13 8:30-11:30 Piano Class	14 10:00 - 12:30 Computer Lab	15 10:00-12:00 Women's Book Group	16 9:00-4:00 Original Quilters	17	18
20 8:30-11:30 Piano Class	21 10:00 - 12:30 Computer Lab 2:30-3:30 Bible Study	22 1:00-3:30 Senior Peer Counseling	23 9:00-4:00 Original Quilters	24	28
27 8:30-11:30 Piano Class	28 10:00 - 12:30 Computer Lab	29			

FEBRUARY DINING ROOM LUNCH MENU


Monday - Friday, Serving at 11:30 a.m. Food by Zack's Catering \$6.00



Reservations required by 7:30 a.m. 468-9256 or 462-4343



Annie B's - 11:30 a.m. \$6.00 Once a month prepared in-house dining
All orders to go are \$7.00

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Beef Vegetable Stew Salad Roll Dessert	2 Baked Ham Scalloped Potatoes Vegetable Roll Dessert	3 Spaghetti with Meat Sauce Salad Roll Dessert
6 BBQ Chicken Baked Potato Green Salad Roll Dessert	7 Hot Dogs Green Salad Chili, Beans Dessert	8 Pork Chops Scalloped Potatoes Salad Roll Dessert	9 Corned Beef and Cabbage Roll Dessert	10 Chicken Cordon Bleu Rice Soup Roll Dessert
13 Baked Ham Candied Yams Vegetable Roll Dessert	14 Chicken and Dumplings Salad Roll Dessert	15 Pork Roast Stuffing Gravy Vegetable Dessert	16 ANNIE B'S  BIRTHDAY LUNCH Swiss Steak Scalloped Potatoes Soup Veggie	17 Baked Fish Rice Clam Chowder Roll Dessert
20 Ham Pinto Beans Cornbread Salad Dessert	21 Turkey Scalloped Potatoes Soup Roll Dessert	22 Beef Enchiladas Spanish Rice Refried Beans Green Salad Dessert	23 Corned Beef and Cabbage Roll Dessert	24 Breast of Chicken with Chardonnay Sauce Rice Salad, Roll Dessert
27 Pork Roast Stuffing Gravy Vegetable Dessert	28 Baked Ham Candied Yams Vegetable Roll Dessert	29 Chicken and Dumplings Salad Roll Dessert		

*The Ukiah Senior Center
expresses our sincere
heartfelt sympathy to the
family, friends and loved
ones of ...*



Tax Preparedness service will be offered at the Ukiah Senior Center on a first-come-first-served basis on Wednesdays and Fridays from 9:00 to 11:30 a.m. in Bartlett Hall beginning on February 1 and ending on April 13, 2011. **Be sure to bring** the following items with you:



- copy of last year's income tax return(s)
- property tax statement including parcel number with dollar amount
- W-2 forms from each employer
- unemployment compensation statements
- SSA-1099 form if you were paid Social Security benefits
- all 1099 forms (1099-INT, 1099-DIV, 1099-B, etc.) showing interest and/or dividends and documentation showing original purchase price of sold assets
- 1099-misc. showing any miscellaneous income
- 1099-R form if you received a pension or annuity
- all forms indicating federal income tax paid
- dependent care provider information (name, employer, ID, Social Security number)
- all receipts or canceled checks if itemizing deductions
- Social Security cards or other official documentation for yourself and for all dependents

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Diane Cline
Dot Colling
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Phil Cunningham
Ava Davis
Shirley DeAguerro

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Kathy Gerlach
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Joyce Hill Hosfelt
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Rose Winters
Eula Wolf
Harold Wolf
Roz Wong
Ann Wood
Dorothy Yann
Ginny Love
Mariah Weber

During **December**
our volunteers donated
1,302 hours to
The Ukiah Senior Center.
If paid at minimum wage,
the dollar value would be
\$10,416!

Thank You
for your
dedication
in the spirit
of giving.

*Please remember
to report your
volunteer hours.
The R.S.V.P. binder is
in Bartlett Hall.*

Would you like to join
our group of Volunteers?
Please stop by the Center
to sign up or see Theresa
in the office .

Community Breakfast

Ukiah Senior Center
495 Leslie Street
Bartlett Hall

**Saturday,
February 4
8:30 a.m. to 10:30 a.m.
\$7.00 per person**

A generous serving of:
**Sausage, Macadamia French Toast,
Country Potatoes,
Scrambled Eggs with Cheese,
Juice or Milk,
Fresh Fruit and Coffee**

Partially sponsored by:
Redwood Cove Healthcare Center

Thank You Angel Donors!

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Senior Finance Center



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computers for sale

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Included in the \$200 price is a nice Flat Screen Monitor. The Acer computers have Microsoft XP operating systems with a Sempron (tm) processor, 3000+ 1.81 GHz., 960 MB of RAM.

If interested, please call the Ukiah Senior Center at 462-4343.



The Center was obliged to delete software that is licensed to the office, but Internet access will remain intact. This means you'll be able to use your computer for Internet and e-mail when you take it home.



Happy February Birthday to You!

1. Denver Smith, Nicole Willis, Ann Gallegos, Lillian Fisher
2. Ginny Love
3. Anton Rotermund, Marjorie Leach
5. Edith Ceccarelli, Norma Alessi, Donald Stanton
7. Duane Grilli, Bob Sloan, Camella Swanson
8. Harold Wolf
9. Norma Frassinello
10. Theresa Lackey
12. Roslyn Rosen, Grace Brodjeski, Norma Exley, Deborah Grilli
14. Shirley Valentini
15. Kathryn Schapmire
16. Gertrude Lynn
17. Anna Peterson, Janet Martin, Diana Ratliff
18. Marilyn Saegert, Barbara Gurley, Wallace German, Darrell McKibbin, Ralph Gates
22. Betty Boltz, John McCowen
23. Eric Larson, Beverly Gates
24. Rose Winters
26. Jessie Martin, Gladys Rasmussen
27. Eula Wolf
28. William Ferguson, William Larramendy

Did we get your birthday right? Please let us know!
Lavonna 462-4343 Ext.106



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462-4343
information

The Ice Cream Social will be held at the Ukiah Senior Center in Bartlett Hall on Monday, February 27, from 2:00-3:00 p.m. Members, families and friends are invited to enjoy a dish of ice cream with toppings and pie for \$2.00. Members over 90 or having a February birthday will enjoy free admission.

Entertainment will be provided by local singer songwriter and musician, **Les Boek.**

Many of us know Les from his work with one of our favorite bands, **Will Siegel and Friends.** Les has just finished his new CD with his very memorable and heartfelt originals entitled, "Back Tracks." This is one Ice Cream Social you won't want to miss!

A special drawing by an "Angel" for \$50 cash will be held. Watch for the "Magic" Red tickets on sale for \$1 each.

Thanks to the donors and helpers for the Ice Cream Social: Safeway, Windmills Cafe, Jim Busch, Theresa Lackey, Gretel Townsend, Dolores Carrick, George Kennedy, Gene Hoggren, Betty McGlade, Eric Larson and USC volunteers.



Ice Cream Social Door Prize

Breakfast for two at the Windmills Cafe

NAME _____



**Total paid members 516
Lifetime members 68**



Ukiah Senior Center
499 Leslie Street
Ukiah, CA 95482-5506

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KNOW SOMEONE WHO LIKES TO SHOP? WE HAVE GIFT CERTIFICATES!

Thank You for supporting the Ukiah Senior Center!

SPONSOR A SENIOR MEAL

Would you like to provide a meal, or transportation or both for a needy senior participating in our Outreach Program? Just check the box for your donation of choice, cut out this coupon and include it with a check made payable to The Ukiah Senior Center. You may also come to the office and drop off your donation with this coupon.

Outreach Angel Sponsor Coupon:

Good for 1 free meal \$6

Good for 1 roundtrip ride \$6



Ukiah Senior Center Thrift Store
497 Leslie Street

Monday Through Saturday
9:30 a.m. to 4:00 p.m.

Your dollar goes farther at our Thrift Store!

Furniture, Men, Women and
 Children's Departments, Books and Videos,
 Glassware and Collectibles,
 Kitchenware, Bed and Bath,
 Garage and Tools

Donations Accepted 10:00 a.m. - 3:30 p.m.
Please, no dumping

The proceeds from the sale of your tax-deductible donations help to support the Senior Center, Programs and Activities.

Furniture pick up request: Call 467-0110